THE WAY WE LIVE: ADVANCING HEALTH & RIGHTS THROUGH INTEGRATION
Last year, through Pathfinder’s work in 26 countries—including the innovative integrated projects highlighted in this report—more people had choices about their bodies, their health, and their futures. The results were remarkable.

Women and men made over 5 million visits for Pathfinder-supported contraceptive services. These services will avert an estimated 1,305,200 unintended pregnancies*—more than double the estimate from the previous year. This is what progress looks like, and it is just the start.

*As measured by couple-years of protection
To choose the theme for this year’s annual report, I asked myself one question: *In a year of remarkable achievements—including Pathfinder’s landmark victory at the US Supreme Court and our return to Bangladesh with a new $53.8 million project—what about our work excited me most?* The answer lies in a word, which rests at the heart of my convictions about how we will bring about the world Pathfinder wants to see—a world where all people lead healthy sexual and reproductive lives. That word is “integration.”

Several years ago, while traveling in Uganda, I visited a family planning clinic. From where I stood, I could see directly across the street to the HIV counseling and testing center. Despite the geographic proximity of these two buildings, the majority of women visiting the family planning clinic never made it across the way. They did not want to wait in line a second time nor risk the likely stigma of being seen in an HIV clinic. So they did not go. They lost the opportunity to learn if they were carrying the virus and could not access prevention methods, if they were not, or life-saving treatment, if they were.

How easy would it have been to offer each woman the option of an HIV test in the confidential setting of her routine contraception appointment? And what about women over at the HIV counseling and testing center? Wouldn’t they have benefited from the family planning services offered here?

These questions are at the heart of integration. They are why Pathfinder implements programs around the globe that bring together services, sectors, and systems to serve people better.

Today, I invite you to flip through the pages of this report to see successes from Pathfinder’s programs, achieved with your incredible support. Interested in Pathfinder’s work in Kenya to ensure every pregnant woman is tested for HIV during her routine prenatal visit, so she can avoid stigma and protect her baby from the virus? Turn to page five. Want to know what sexual and reproductive health has to do with food security, and how groups of young farmers are taking a lead role in Mozambique? Turn to page six.

I hope you are as excited as I am about the progress we continue to make in advancing services that truly meet people’s needs.

With regard and gratitude for all your support—past, present and future,

Purnima Mane, PhD
President and CEO

“**A REMARKABLE YEAR**”

Watch a video of Pathfinder’s President Purnima Mane sharing her top moments from the past year, including Pathfinder’s victory at the US Supreme Court. Hear why she thinks integration is the key to advancing sexual and reproductive health in the years to come.

[www.pathfinder.org/2013](http://www.pathfinder.org/2013)
Pathfinder is a leader in implementing programs that address people’s many interconnected sexual and reproductive health needs, because we understand how real people live their lives. When integration is implemented properly, it enables projects, health systems, and organizations like Pathfinder to meet the needs of those we serve cohesively, as they experience their day-to-day challenges, without burdening them further. Integration makes life easier and health care more accessible. And, as you will see on the following pages, it changes lives.

Pathfinder champions at least three distinct kinds of integration—service, sector, and system integration. To find out what sets them apart, turn the page.
Building on More Than 40 Years of Experience in Bangladesh

In 2013, Pathfinder launched the Bangladesh NGO Health Service Delivery Project—USAID’s largest investment in the country’s health sector. See how the project is building the capacity of a massive network of local NGOs, clinics, and providers to reach 20 million underserved people with an essential service package, including contraception, child health, and safe motherhood.

www.pathfinder.org/NHSDP
Ensuring Access to Contraception as Part of Safe Abortion in South Africa

“It’s about choice,” says Sophia Ladha, Pathfinder’s Country Representative in South Africa. “Many of the young women who come for abortion services never had access to contraception. But we are changing that—right here, right now.” In 2011, the Eastern Cape Department of Health invited Pathfinder to introduce youth-friendly abortion services at five community health centers. “We are proud of how much were able to accomplish in just two years,” says Ladha. Young people are getting more than judgment-free, safe abortion services. They are finally accessing contraception to have control over their bodies and fertility.

“One of the things we are most proud of,” says Ladha, “is the percentage of women who have accepted a contraceptive method immediately following their abortion—99 percent (the majority choosing an injectable contraceptive). We far surpassed our goal.”
Empowering Mothers to Protect Their Newborns in Kenya

In an average month at the Tudor District Hospital, 5–10 babies are born to women living with HIV. According to Nursing Matron Dorah M. Kiplagat, “In the past six months, not a single one of them has been born with the virus, thanks to the support of the APHIAplus Nairobi-Coast project.” This Pathfinder-led project, funded by USAID, ensures all women attending routine prenatal care can receive HIV testing and get medicines they need to keep themselves and their babies healthy. Meet Grace and Benson, a couple from Mombasa, who have kept their daughter free from HIV.

www.pathfinder.org/familyfuture

When a client overcomes barriers to present herself for a health service, Pathfinder will not let the opportunity pass us by. We combine and coordinate services to ensure clients’ many sexual and reproductive health needs are addressed during a single visit.
Young Farmers Unite for Health in Mozambique

“Sexual and reproductive health is at the core of Pathfinder’s mission, but young people face many challenges beyond preventing unintended pregnancy and HIV,” says Luc Vander Veken, Pathfinder’s Chief of Party in Mozambique. “They want to have healthy relationships, learn skills, and work. They want a better future.”

Pathfinder’s Strengthening Communities through Integrated Programming project embraces this reality. It combines young people’s many interests through one unique integrated initiative—“Youth Farmers Clubs.” Pathfinder, in partnership with the Cooperative League of the United States of America, has established 810 clubs, reaching 26,660 youth with knowledge about conservation farming, safe water and sanitation practices, and sexual and reproductive health.

Each club comprises 10–30 young people, who learn techniques for yielding sustainable, nutritious crops that will help them conserve their land, improve their health, and even generate income. At the same time, with Pathfinder’s help, they gain knowledge about sexual and reproductive health. They work as a team to identify barriers, such as a lack of access to condoms, and figure out ways to overcome them.

“So far we’ve supported 6,700 orphans and children made vulnerable by HIV and AIDS,” says Vander Veken. “Through Youth Farmers Clubs, we are making a concerted effort to provide young women and men with access to education and health services, as well as a chance to earn income. So this is about providing equal opportunities for a promising future.”

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Healthy People, Healthy Environment

What if you lived surrounded by extraordinary nature—the world’s longest freshwater lake and some of Tanzania’s last wild chimpanzees? How could you protect this, when your basic human right to health care is ignored? Last year, Pathfinder launched the Tuungane project, in partnership with two global leaders of conservation—The Nature Conservancy and the Frankfurt Zoological Society. Kiswahili for “Let’s Unite,” Tuungane leverages each partner’s expertise to help communities find lasting solutions to the interconnected challenges they face. Learn more about Pathfinder’s Population, Health, and Environment work, including projects in Kenya, Uganda, and Tanzania.

www.pathfinder.org/PHE
EMPOWERING COMMUNITIES WITH STRONGER SYSTEMS

Empowering Citizens to Improve Contraceptive Services in Tanzania

What if, when you visited your doctor to talk about contraception, your neighbors could listen? At a clinic in Tanzania’s Kahama district, all sexual and reproductive health services—from prenatal care to contraception—were provided in a single room. “Confidentiality was a problem,” says Josiah Otege, Pathfinder’s Advocacy Officer in Tanzania. “That’s what the community told us.”

Pathfinder has introduced the “Community Scorecard,” a social accountability tool that empowers citizens to improve the quality of contraceptive services. “It is essentially a three-step process,” says Otege. “Step one is holding a meeting with a group of family planning users, so they can identify issues they face. Step two is meeting with health care providers and local administrators, so they can share their perspectives. Step three is especially important; Pathfinder brings both groups together to discuss and develop a strategy for solving the issues, hand in hand.”

This is the first time the Community Scorecard methodology has been put to use in Tanzania, and the results are promising.

“Today, that clinic in Kahama is being expanded,” says Otege. “The community and local government decided to pool their resources to build additional, private rooms.” This means women can access contraception in a confidential setting. “It means Pathfinder’s approach—to improve services through the citizens who actually use them—works. We have tools to help.”

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Integration at Every Level in Ethiopia

Perhaps nowhere is the possibility of success based on integration more apparent than in Ethiopia, where Pathfinder implements one of our largest integrated programs. Covering 40 percent of the country’s population, the USAID-funded Integrated Family Health Program utilizes all three types of integration—service, sector, and system—to have a bigger impact. “Health depends on so many factors,” says Mengistu Asnake, Pathfinder’s Country Representative in Ethiopia. “It requires a strong health system and empowered community members. It’s about meeting people’s needs for sexual and reproductive health and other services, such as nutrition, immunization, sanitation, and clean and safe water at the same time. That’s why integration is essential, and why our program is making such a difference.” Watch a video of Dr. Mengistu Asnake sharing why he believes integration has magnified the impact of the program.

www.pathfinder.org/integration

No one is more invested in a health system than the people who rely on it. That is why Pathfinder supports community members to actively engage with their own health system to demand the quality services they need. At the same time, we ensure the health system is strong, responsive, and able to deliver.
“For over 55 years, Pathfinder International has been a leader in reproductive health all over the world. Our goal is to ensure best-in-class financial management to support our programmatic leadership.”

michel zeitouny, chief financial officer
joined Pathfinder in October 2013

To meet Pathfinder’s new CFO online, visit www.pathfinder.org/CFO

The information presented above is drawn from Pathfinder International’s financial statements, audited by Mayer Hoffman McCann P.C. They are available from our headquarters office upon request or at www.pathfinder.org/financials

Pathfinder implements 123 projects in 26 countries. The vast majority of our 1,000+ staff—85%—are working in the field.
TO MY FELLOW PATHFINDER SUPPORTERS,

Eighteen years ago, I joined Pathfinder’s Board of Directors, inspired by the organization’s courage—to go where others will not. I have seen what it takes to reach those most in need, in the world’s most difficult conditions. I continue to serve this cause because, like you, I believe sexual and reproductive health is one of the biggest forces for change in the world. Last year, Pathfinder proved it again.

Pathfinder’s Board has never been more proud of the organization. In June 2013, we celebrated Pathfinder’s landmark victory at the US Supreme Court, ensuring Pathfinder’s right to free speech and our ability to engage key populations, including sex workers, in the fight against HIV and AIDS. To read more about the ruling, visit www.pathfinder.org/victory.

We are also deeply encouraged by the results from Pathfinder’s programs, including the innovative integrated projects you see across these pages. None of this would have been possible without the support of so many—from governments, foundations, and individuals like you—who will keep encouraging us to go further and make a bigger impact.

We must keep the momentum going to achieve our mission. On behalf of the Board, and the cause we share, I hope you will join me in continuing to support Pathfinder’s vital work.

Sincerely,

Cynthia Fields
Chair, Pathfinder Board of Directors

Pathfinder-supported contraceptive services (as measured by couple-years of protection) delivered in 2012 will avert an estimated 1,305,200 unintended pregnancies—more than double the estimate from the previous year—as well as 4,543 maternal deaths and 138,775 abortions.
ANNUAL OPERATING SUPPORT

Thank you! Pathfinder International gratefully recognizes you and others who generously donated $250 or more to improve the sexual and reproductive health and well-being of the world’s most vulnerable people. Your financial support in fiscal year 2013 (July 1, 2012 to June 30, 2013) helped empower women, men, young people, and their communities in 26 countries throughout the developing world.

Amplifying Young Voices to End Early Marriage in India

“I don’t want to make my life hell like my mother, who was married at a very young age and had eight children. My parents repeated the same mistake with my two older sisters, who were married at 13 and 15,” says 17-year-old Poonam Kumari. She joins her peers to lead a grassroots campaign called JAGRITI, supported by Pathfinder and sustained by unrestricted gifts. “Thanks to JAGRITI’s training and campaign, I have been given the strength to fight against poverty and the traditional culture of early marriage.”

Meet a JAGRITI project officer, whose inspiring personal story motivates young people to advocate for change.

www.pathfinder.org/inspiration
“We support Pathfinder because it empowers women to take control of their reproductive futures. A woman’s ability to have a choice—about whether or when to have children, and how many—does more than just improve her health. It allows her to be a stronger advocate for her children, community, and the earth we all share.”

—Janetha Benson, RN, and Russell DeJong, MD

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A Future Without Gender-Based Violence
in Uganda
“We now have respect for each other, unlike before joining the GREAT project. I used to fight and, at times, beat up my wife. But not anymore,” says 19-year-old Odur Polycap. Janet, 17, adds, “I now trust and love my husband, because he is very helpful to me. We share the roles, and he helps me…” In post-conflict settings of Northern Uganda, the Gender Roles, Equity, and Transformation (GREAT) project, supported by USAID, gives young people the tools to form healthy, equitable relationships. Read an interview with Susan Akajo Oregede, Pathfinder’s technical advisor for the GREAT project, to find out why this work is so unique.

www.pathfinder.org/GenderUG
Empowering Women with Opportunity and Health in Egypt

“Working as an outreach worker is a real challenge for a divorced woman in rural Upper Egypt,” says Sherine Khallaf. “Not only did I have to convince my family to let me go out for work, but I had to face the suspicious looks... from families I visit every day.” To continue her important work, Sherine is supported through the FORSA project, led by Pathfinder and funded by USAID. “This challenge only made me stronger and more determined...The feeling of contentment after each visit I pay to a family—giving them information helping them and their children become healthier—and my ability to pay for my daughter’s provisions, are extra motives.” Learn how the FORSA project empowers women like Sherine to send a powerful message to their communities—”the future can be brighter, and women can help.”

www.pathfinder.org/FORSA
Bringing Integration to Those Who Need It Most In Burundi

Since 2005, Burundi has shifted from a period of ethnic violence to a politically stable, post-conflict setting. Bordering Rwanda, Tanzania, and Democratic Republic of the Congo, Burundi is now home to large populations in transition, including refugees, who are greatly underserved. To meet their urgent needs—including family planning, gender-based violence services, and malaria prevention and treatment—Pathfinder and our partners support “integrated mobile teams.” Groups of providers visit outreach sites to set up a one-stop shop for essential health services and information. See more of this innovative work from the Maternal Health Program, supported by USAID and the E2A project, online.

www.pathfinder.org/IMT
By working with local partners, Pathfinder brings culturally appropriate reproductive health services to people in some of the most challenging places on the planet. I’m inspired by the opportunity to help broaden the range of choices available to these families and impact their futures for the better.”

— Roslyn M. Watson, Pathfinder International Board of Directors

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“If I only had one dollar to give, I’d give it all to support international family planning. And I trust Pathfinder International to take that dollar and make a real difference with it. They have been doing just that for decades.”

— Jo Lynne Whiting, Pathfinder International supporter
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Every year, special individuals inspire others to make a gift to Pathfinder. Those honored or remembered with a gift in their name are listed here.

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Promoting Healthy Timing and Spacing in Pakistan
“During my first pregnancy, I was very weak and did not know anything about healthy pregnancy, birth, or family planning. I got pregnant again,” says Razia Sultana. Thankfully, she attended a support group with a Lady Health Worker, trained through the Strengthening Regional Training Institutes program, supported by The David and Lucile Packard Foundation. “I learned about different contraceptives, when and how to use them… I talked with my husband. Now we are using contraception. Once my son reaches two, only then we will try for another child. So there will be three years between them.”

www.pathfinder.org/Pakistan

Bold = longtime donor (20+ years)  
* = deceased
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Some individuals choose to make their gift go even further to Pathfinder by making a monthly gift. As Pathfinder Allies their generosity is put to work immediately to help women, men and communities make informed choices—all while saving paper and reducing administrative, printing and mailing costs. Thank you!

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Estate and trust gifts often represent a once-in-a-lifetime commitment to Pathfinder that empowers women and men to make lasting change, and benefit their communities for generations. Pathfinder’s Legacy Society recognizes those donors who have provided for Pathfinder in their will or living trust, retirement plans, insurance policies or planned a life-income gift. Thank you!

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Pathfinder International’s mission is to ensure that people everywhere have the right and opportunity to live a healthy sexual and reproductive life.

why this paper? We have selected this particular stock, and condensed the report, to ensure more funds can go directly to the people we serve around the world. As you have seen in these pages, Pathfinder believes that our work and environmental stewardship go hand in hand. We have chosen to print our annual report on an environmentally responsible paper with Forest Stewardship Council certification. Also, recent advancements in coated paper offer considerable savings.