THE CEDPA MISSION

CEDPA’s mission is to empower women at all levels of society to be full partners in development.
From Girls’ Empowerment to Gender

Working only with Girls and Young Women to empower girls and women

Improved RH and Gender Equality

Recognize, listen, and respond to boys’ own needs

Addressing boys to empower girls and women

Men and Women as Equal Partners

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CEDPA/India’s Better Life Options Program

CEDPA/Egypt’s New Horizons Program
Empowered Young People

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**Options**

- Age-appropriate Reproductive Health Services
- Individual Skills Building
- Creating the power to choose one’s future

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**Opportunities**

- Community Mobilization
- Advocacy
- Building an enabling environment for lasting social change

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Better Life Options and Opportunities Model
Choose a Future!
Issues and Options for Adolescent Girls and Boys

Translations

Elige un Futuro Mejor!
(Mexico & Guatemala)

Choisir Un Avenir!
(Mali)

Adaptations

New Horizons for Girls (Egypt)

New Horizons for Boys (Egypt)

Choose a Future! for Boys (India)

Choose a Future! for Girls (Nepal)

Choose a Future! for Girls (India)

The Dawn (Nigeria)
CEDPA/Egypt’s New Horizons for Girls: Manual Content

- Girl’s identity, rights & responsibilities
- Health, nutrition & first aid
- Child development
- Environment
- Small projects
- Adolescence
- Violence against women
- Preparation for marriage
- Childbirth
- Family planning
- Sexually transmitted diseases
CEDPA/India’s Choose a Future! for Boys: Manual Content

- Life goals and plans
- Gender relations
- Peer and family relationships
- Marriage and fatherhood
- Puberty, health and reproductive health
- Education and work
- Resolving conflict and avoiding violence
- Community and civic involvement
- Listening, negotiating and communication skills
India BLP for Boys: Preliminary Findings from FGDs with Married Youth

- Reduction and increased control of anger. More willing to understand, resolve conflict through discussion
- Increased involvement in household and domestic chores
- Increased joint decision-making on RH issues - number of children, spacing, family planning methods.
- Increased knowledge on family planning methods and child spacing
- Increased knowledge of women’s anatomy and health concerns, child care and safe motherhood
Strategies for Scaling Up

✓ Participatory Program Development Approach
  • Stakeholder involvement
  • Local ownership and commitment
  • Creating economies of scale

✓ Franchising through Networks
  • Demand driven
  • Sustainable
Next Steps for Scaling Up

• Develop a package for scaling up by further documenting and learning from experiences in India and Egypt.

• Evaluate the Boys’ programs in India and Egypt.

• Use the ongoing evaluation of the New Horizons program for girls to identify the most effective combination of program interventions.