Section 1: Introduction to the HoPE-LVB Resource Toolkit

1.1 About This Toolkit

The Health of People and the Environment in the Lake Victoria Basin (HoPE-LVB) project is one of the largest and most scaled up integrated Population, Health and Environment (PHE) programs implemented in the East African region. As such, the HoPE-LVB toolkit has been developed using the lessons learned and best practices from the project in the hope that this PHE approach to sustainable development will be adopted on a wider scale not only in East Africa but in other areas of the world.

1.2 Purpose of This Toolkit

The HoPE-LVB toolkit is a unique collection of resources that has been developed to promote “a complete status of well-being” of individuals and families by converging activities related to the three sectors of population, health and environment. Bridging the gap between these three sectors will create more sustainable programming, encourage more cross sectoral policies, and address many of the targets of the Sustainable Development Goals, leading to:

- Healthy empowered people
- Resilient ecosystems
- Economically-secure communities

1.3 Who Should Use This Toolkit

This toolkit is for governmental and non-governmental organizations, institutions, and development practitioners who want to design, implement, scale up, and/or advocate for, monitor and evaluate Population, Health and Environment (PHE) initiatives. Training coordinators, curriculum developers, and advocates who are engaged in integrated PHE work will find the toolkit useful in their efforts to educate, guide, and train community, local, national, and regional actors on the importance of integrating PHE approaches as tested by the HoPE-LVB project in Uganda and Kenya into strategic development plans and policies.

1.4 How to Use the Toolkit

The HoPE-LVB Toolkit is divided into six sections. Each section can be used on its own or in conjunction with the others, depending on one’s objectives. The toolkit is meant to be adapted by users to be made maximally relevant; thus, organizations should adopt and implement the effective practices from HoPE-LVB that are relevant to their goals and objectives.

The first two sections of the HoPE-LVB resource toolkit provide further detail of the toolkit’s aims and explain the HoPE-LVB approach to PHE, with the goal of deconstructing the model so one could learn from the model and incorporate it elsewhere into new programming by other development and governmental actors.

Section 1: Introduction to the HoPE-LVB Resource Toolkit
Section 2: The HoPE-LVB Approach

Sections 3 to 5 will examine more specific details regarding the design, implementation, and evaluation of a PHE program, along with useful resources for advocating for and scaling up PHE programs at local, national, and regional levels.

Section 3: Design, Implement, and Evaluate a PHE Program
Section 4: Scaling up HoPE-LVB Interventions
Section 5: Tools for PHE Advocacy

The reference materials section contains a range of different documents, media, and other resources from the HoPE-LVB project, including action plans and case studies for other organizations, institutions, and actors to design, implement, or scale up PHE programs.

Section 6: Resources and Reference Materials