# Connecting with Your Audience Through Story



#### WHY TELL STORIES?

Stories can **shift our perspective** by helping us take off our own shoes and step into someone else's. Stories light up...



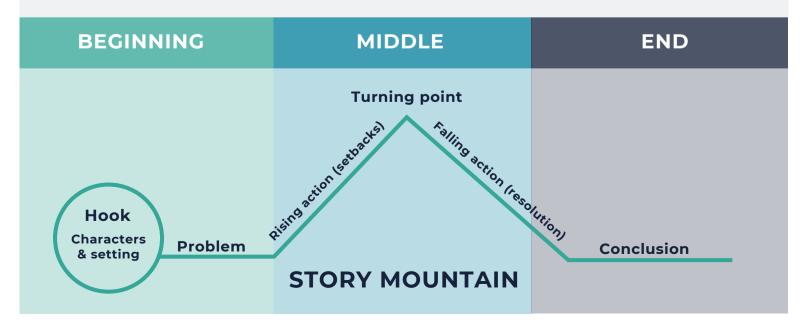
- Memory. We are 22 times more likely to remember a fact when it has been wrapped in a story than when it is presented on its own.\*
- **Empathy.** People hear statistics, but they **feel** stories. We can experience a good story as if it is happening to us.
- Action. Data & large numbers can numb us; individual stories awaken us.

\*Source: Jerome Bruner as cited in "A Good Presentation Is About Data And Story," Forbes

#### WHAT IS A STORY?

- A story has a beginning, a middle, and an end.
- A story has characters (who was involved in the action?) and a setting (where did the action take place?).
- A story has a turning point in which a situation changes or a character learns something.

- Compelling stories often focus on...
  - Difficult choices
  - Unexpected challenges or events
  - Turning points
  - Transformation
  - Truth
  - Personal experience
  - A moment in time that illuminates a broader issue



#### TIPS FOR TELLING A GOOD STORY

- **Start strong.** Grab your audience's attention and set up the stakes from the beginning.
- **Know your story well.** Don't make the audience wonder what the point is. Know what you want to tell your audience and why. Practice.

#### Instead of...

Telling a story that spans a long period of time and many different events

Telling what a person or place is like

Meandering

**Embellishing** 

Ranting, lecturing, or giving a long opinion

Using discriminatory language or stereotypes

#### Do this.

Focus on a **moment in time** that illustrates your broader point

**Show** what that person or place is like

**Know** exactly where your story is going

Stick to the **truth** 

Tell a **vivid story** about something that happened, with a beginning, midd<u>le</u>, and end

Be respectful

## Questions to Ask Yourself When Developing a Story to Advocate for GBV-SRHR Integration

### #1: What is a specific challenge you faced working toward GBV-SRH integration?

- How did you adapt or change course to meet the challenge?
- Were you able to address or overcome the challenge?
- What did you learn, or how did your systems, processes, and understanding change as a result?
- What advice would you give to others beginning the integration process?

### #2: Have you discovered any unexpected benefits of GBV-SRHR integration from your personal experiences?

- How was what actually happened different from what you expected to happen?
- How did this facilitator or benefit come about?
- Why was it surprising?
- What did you learn, or how did your systems, processes, and understanding change as a result?

## #3: Can you remember a specific moment when you realized the importance of GBV-SRH integration from your lived experience?

- What did you see or notice that left an impression?
- Was it a benefit of integration or a downside to lack of integration?
- What action did you take as a result?
- What have been the resulting effects?
- What did you learn, or how did your systems, processes, and understanding change as a result?

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