

Role-Play Script for Practicing Counseling skills: Mrs. Kalule

Mrs. Kalule is 18 years old, married mother of two children. She has brought her two children, who are 3 months old and 1 year old, for immunization. She has heard of family planning, but has never used. You ask her whether she would like to hear more about family planning. She agrees. She says she is afraid of family planning because some people in the village told her that the family planning methods can prevent her from having more children in the future, or even have deformed children. Dispel Mrs. Kalule's fears and tell her the benefits of family planning. When she agrees to try a method, tell her you will help her choose the best method for her. **End the role play.**

Display:

- Good interpersonal relationship
- Asking open ended question and appropriate close ended questions
- Showing that you care
- Assure of privacy and confidentiality
- Active listening, paraphrasing and summarizing
- Use of visual aids

Client: Mrs. Kalule.

Mrs. Kalule –you came to the clinic for immunization, and have given birth to a second child. You say yes you want to hear about family planning because the children are all too young. You are always tired, and do not want to be pregnant for quite some time. You tell the nurse that you have heard about family planning from your sister, your co-wife, and friends that family planning is not good. You fear it will prevent you from ever having children again, or have deformed children. It also gives problems of water discharge, and making you and the husband weak sexually. You agree to try family planning.