

Role-Play Script for Demonstration Balanced Counseling

Roleplay 1

Sarah is a 17-year-old mother of a 7 months old baby-Precious. She is not yet married, she is waiting for the boyfriend to propose, but he is still in University. She dropped out to have the baby. She was in senior 5, and wants to go back when the baby is old enough. She had come with the baby, Precious, for weighing because she does not feed well and seems to be losing weight. They did not use condoms because Peter, her boyfriend, says she is his only girlfriend and he says condoms are for people who have many sexual partners.

The nurse asked her if she would like to hear about family planning. She used Pills once, but they were giving her headaches. Since Peter is in school and they only meet during holidays, she stopped taking them. She was also forgetting all the time. She is interested because, this child was mistake; her parents are angry and not happy. She has to look after the baby. The baby's father helps but he is in school, he says he cannot marry her until he finishes, gets a job, and has money. For now, she is living with her parents.

Display:

- Each stage – Mention each stage to Sara and reasons why.
- Show how you eliminate the cards to focus on Sarah's needs – *going back to school, unmarried and does not know when she will get married, partner against condoms, negative experience with Pills.*

Roleplay 2

Mtshala Miti is 36 years old, she has heard about family planning, but never used it because the husband does not want to hear about family planning. He says it is for prostitutes. She has 6 children. The husband has taken another younger wife, and she is tired because the children are young and some are not even going to school. She feels she has enough children.

Roleplay 3

Jane is 24 years old she has 2 children. She has come for treatment of abortion. She has had 1 previous abortion. She does not want another child because her husband looks like he wants more wives and does not provide for her much. She dropped out of school in Senior 5 and wants to go back to school.

Roleplay 4

Joy has come with her husband. He heard about family planning. He says Joy keeps producing. The new baby, who is 7 days old, is baby number 5. He cannot manage to provide for them, which is why this

baby was born at home. He makes little money as a security guard and thinks family planning is a good idea.

Roleplay 5

Jane is 15 years old, and had come for HTC because she is not sure of her current boyfriend. She has never been pregnant. She has never used family planning- maybe because the boyfriend is a truck driver and she does not see him that frequently. She thinks he has other wives.

Roleplay 6

Margaret is 20 years old, she has 2 children. She is a Catholic and does not want to use family planning methods. Her husband is also Catholic. They have used withdrawal method and it worked because he is a teacher that works away from home. She lives with her mother-in law, but now he has been transferred to the school near them. He says 2 children are enough.

Roleplay 7

Susan had her baby yesterday and she wants family planning. This is her first baby. She was told she is HIV positive during antenatal care.

Roleplay 8

Lucy is 18 years old, and has one child. She is a commercial sex worker; most of her clients are truck drivers or soldiers. That is the only way she can look after her child as she is an orphan. She says her steady boyfriend that is the father of the child died of AIDS. She has come for family planning; she thinks pregnancy will be interfering with her plans and business.

Roleplay 9

Timothy is a 30-year-old man, he has 2 wives, and he inherited one from his late brother. His problem is that they keep producing. He now has 7 children and does not want any more. He has come with Jane the young wife because he feels she is the one in danger of keeping producing babies. Her last two were born very close- about one year.

Roleplay 10

Mary, your sister's daughter who is in University, has come for family planning. She recently met her boyfriend, they started having sex, and she does not want to get pregnant. She loves the boyfriend, feels he is a good "catch," and she is happy with him. They both do not want anything to interfere with their studies.

Roleplay 11

Mtshala Bagonza is 42 years old, and her husband passed away two years ago. She has found a man, but does not want any more children. He has his own children. She has 6 from her late husband, and he has four from his wife who went to England and told him she is not coming back.