

Case Study

Adam is a 17-year-old unmarried adolescent who has a new girlfriend. He does not want her to become pregnant, and wants to talk about using condoms.

Question Set A:

You ask Adam what he knows about condoms. Adam says he has not used male condoms before, but he heard a community outreach worker talk about condoms and wants to know more.

1. How well do condoms work to prevent pregnancy?
2. How well do condoms work to prevent STIs, including HIV? Will using male condoms keep me from getting any kind of STI?
3. What are some advantages of male condoms?
4. What are the limitations of male condoms?

Question Set B:

Earlier in the counseling session, you answered Adam's questions and assessed his risk for STI/HIV infection. He has one girlfriend now but sometimes has more than one. You counsel him on dual protection and HIV risk reduction and advise consistent condom use. Adam says he has heard some things about condoms that concern him. How do you respond to each of these concerns?

1. I think using a condom means I don't love or trust my girlfriend.
2. If I use condoms, people will think I have HIV/AIDS.
3. Condoms make sex less enjoyable and make it difficult to keep an erection.
4. I feel too embarrassed to buy condoms.

Question Set C:

After you address Adam's fears and concerns, he decides he will use condoms with his current girlfriend and any other sexual partners.

1. How will you screen Adam for eligibility to use male condoms?
2. What issues or topics should you cover when counseling a client who has not previously used condoms?
3. What are the steps of correct condom use?
4. What practices should Adam avoid?

Question Set D:

Adam has been using male condoms for the past two months. He returns to the clinic for more condoms, and reports that he has been having some problems using condoms.

1. How will you advise him about each of the problems he reports?
 - He has had difficulty maintaining an erection.
 - A few times the condom has slipped off during sex.
 - He has had some itching and a red rash on his penis after condom use.
2. What else should you say or do during the session?