

Communication Role Plays

Role Play 1: A 19-year-old woman comes to the clinic because she had unprotected sex last night and she is worried about becoming pregnant. How will the clinician respond?

Role Play 2: A 16-year-old lactating woman with a three-month-old baby wants to postpone her next pregnancy. Her sister uses combined oral contraceptives (pills) and likes that method very much. She says she wants to use pills. How will the clinician respond?

Role Play 3: A 17-year-old man comes to the clinic because he is concerned about an itchy discharge from his penis. He reveals that he and his girlfriend are regularly having sex but are not using condoms. How will the clinician respond?

Role Play 4: A young couple accompanied by the husband's mother comes to see the clinician. They have been married three months. The mother-in-law insists that they should have a child as soon as possible to try for a son. The wife wants to postpone pregnancy for at least 2 years. How will the clinician respond?

Role Play 5: A 19-year-old man comes to clinic for an HIV test. He reveals that he has both a girlfriend and a boyfriend, and that he regularly has unprotected sex with each of them. How will the clinician respond?

Role Play 6: A 15-year-old unmarried woman comes to the clinic. She explains that she and her boyfriend are sexually active and she is worried about becoming pregnant. How will the clinician respond?

Role Play 7: A 17-year-old man comes for counseling. He has a girlfriend and is being pressured by his friends to have sex with her. His girlfriend is also starting to accuse him of not being a man enough because he wants to wait to have sex. He is afraid of getting her pregnant and having to drop out of school to support a child, but has strong sexual feelings for her. How will the clinician respond?

Role Play 8: A young couple comes to the clinic because of an ulcer on his penis. The girlfriend is receiving injectable contraceptives every three months, but they are not using any protection against STIs. Both test positive for chlamydia. How will the clinician respond?

Role Play 9: Sarah is a 17-year-old mother of a 7-month-old baby, Precious. She is not yet married, she is waiting for the boyfriend to propose but he is still in University. She dropped out to have the baby. She was in senior 5 and wants to go back when the baby is old enough. She had come with baby Precious for weighing because she does not feed well and seems to be losing weight. They did not use condoms because Peter her boyfriend says she is his only girlfriend and he says condoms are for people who have many sexual partners.

The nurse asked her if she would like to hear about family planning. She used Pills once, but they were giving her headaches. Since Peter is in school and they only meet during holidays, she stopped taking them because she was also forgetting all the time. She is interested because this child was a mistake, and her parents are angry and not happy. She has to look after the baby. The baby's father helps, but he is in school. He says he cannot marry her until he finishes, gets a job and has money. For now, she is living with her parents.

Role Play 10: Lila is 15 years old, she has heard about family planning and but never used because she sees her boyfriend very infrequently does not want to hear about family planning. She has come for treatment of a septic abortion. She discontinued school last term because she feared being found out and she wants to go back.

Role Play 11: Joy is 14 years come with her mother. Her mother says Joy keeps going out with a boda boda guy from the village and the mother is worried that she will become pregnant and drop out of school. She is very good at school and her mother wants her to go to University. Joy herself does not say much. She does not want to talk to the nurse in front of her mother. When with the nurse alone she mentions that she has been having sex for a year with a previous boyfriend she met at church and had an abortion that her mother does not know about.

Role Play 12: Jane is 18 years old, and has come for HIV test because she is not sure of her current boyfriend. She has never been pregnant. She has never used family planning- maybe because the boyfriend is a truck driver and she does not see him that frequently. She thinks he has other wives.

Role Play 13: Margaret is 20 years old, she has 2 children, she is a Catholic and does not want to use family planning methods. Her husband is also Catholic, and they have used withdrawal method. It worked because he is a teacher away from home. She lives with her mother-in law, but now he has been transferred to the school near them. He says 2 children are enough.

Role Play 14: Susan is 17 years old. She had her first baby yesterday and she wants family planning. She was told she is HIV positive during antenatal care, she got drugs to prevent HIV transmission to the baby. She does not want another child because she does not see herself getting married.

Role Play 15: Lucy is 18 years old, and she has one child. She is a commercial sex worker; most of her clients are truck drivers or soldiers. That is the only way she can look after her child as she is an orphan. She says her steady boyfriend that was the father of the child died of AIDS. She has come for family planning; she thinks pregnancy will be interfering with her plans and business.

Role Play 16: Timothy is 19 years old, he has two steady girlfriends, and does not want any of them to become pregnant. He is starting a small business selling motor cycle spare parts. He is not sure which one of the two girls he plans to marry.

Role Play 17: Mary and Waswa are both at University. They have come for family planning. They love each other and feel their affair is a good “catch” and they are happy. They started having sex and want to avoid pregnancy and finish their studies.

Role Play 18: Nakato is 16 years old, she has been having sex with her pastor. She does not like it when the pastor calls her, but she is afraid to tell her mother because they have high respect for the pastor and they will blame her. The pastor gives her small presents.

Role Play 19: Harriet is 18 years old, she was a virgin until last term when her Math teacher forced himself on her. She is afraid to tell. She says the teacher threatened her that she will be expelled from school and make sure she fails all exams. She does not know what to do. She does not want to report the teacher; and she does not want to get pregnant as she wants to continue school and go to University.

Role Play 20: Juliet is 12 years old, and she has come to report that her uncle, her mother’s brother, touches her breast and last night he touched her in the private parts. She has not had her periods yet and is afraid that she might already be pregnant. Some girls at school told her that you can get pregnant without ever having a period.

Role Play 21: John, who is 17 years old, had sex for the first time with his teacher who is 30 years old. Now he noticed he has a very painful sore on his penis. The teacher says because it is because it was the first time, it gets better with time. He wants to believe her, but his friend says he might have HIV.

Role Play 22: Peter, who is 16 years old, says his friend is afraid to come to the clinic since one of the nurses goes to the same church with his aunt. The friend has a discharge coming out of his private parts.

Role Play 23: A 19-year-old boy wants an HIV test; he has sex with both men and women. The men pay him a lot of money; he is not sure he is gay.